



THIRSTY WORK

One of the braver members of the *Irish Tatler* team agreed to facial skin analysis at the recent Ultimate Girls Day Out and a diagnosis of dehydration was pronounced. Hydrating Mist Toner from Trilogy was prescribed and the results have been swift and surprising. A quick spritz a couple of times a day of this alcohol-free mist has resulted in plumper, softer, glowing skin, and we are converted! This is one for the handbag. €19.95



MODEL FACE

A huge hit in the States, Image Skincare has finally arrived on our shores and is already amassing a celebrity following (Erin O'Connor - with skin that flawless, she can't be wrong). Combining natural and medicated ingredients, the best-selling Max Creme (€99.50) incorporates two strains of plant-derived stem cells to prevent and reverse the signs of aging. Available at Urban Day Spa, Dublin 2.

TARTAN UP

For November, MAC Cosmetics is channelling some of the heritage looks into their makeup with its latest launch, A Tartan Tale. Part punk, part Scot, it consists of a new range of colours and compacts including My Highland Honey Powder Blush, Sexy Style Clan Nail Lacquer and Lipstick Kisses from The Faerie Glen. To add to the collection they are also bringing out some lovely tartan brush bags (€65 each), trimmed in patent. You can choose from three different styles, depending on your brush and contouring needs or go for their lip and eye bags (€42 each), with a selection of colours to spruce up your winter look. From MAC counters nationwide. maccosmetics.co.uk



ASK THE EXPERT

I don't want to give up my tan completely this winter, any tips on achieving a healthy glow?

Tammy Baker,
Education Manger, St Tropez

For a year-round glow, use Self Tan Bronzing Mousse from St Tropez, because it is quick and easy to apply, and dries in 60 seconds. Maintain your tan correctly and no-one will know you are using a self tan product. After-care is essential so use a body polish every couple of days and follow with a daily moisturiser to keep the skin hydrated and make the tan last longer.



Banish bad hair days! Peter Mark

Grafton Street are now open from 8am,

Monday to Friday. No more bed head...

SOAPY GLORY

Bathtime at the ready as America's best selling natural soap is set to lather up Irish homes. Dr. Bronner's Magic Soap has a strong following of famous fans from Drew Barrymore

to Sandra Bullock, Bobbi Brown, and even Eminem. With organic ingredients and natural scents from peppermint to rose, the added bonus is the price - just €6.72 per 236ml bottle. Dr. Bronner's is available in leading health shops including Evergreen Stores in Galway, Health Matters, and Nourish in Dublin, and Quay Co-op in Cork.



where to spa

Where: White Horses Spa at Doonbeg Golf Course, Co. Clare.
Who: Anyone seeking repose and rejuvenation after a long day on the green or those who just want to pamper instead of putt.

Why: Billed as the queen of facials, the Signature caviar treatment

infuses the skin with age-defying nutrients which firm, refine and hydrate the skin. A collagen-rich marine matrix sheet provides intense hydration to instantly restore radiance. The treatment lasts 90 minutes and costs €170. doonbeggolfclub.com



top trio

Three of the world's leading perfume houses charged with creating a scent for one brand can only lead to success. Korres new range of unisex scents use no 'fragrance fixatives', instead only natural antioxidants. ROSE WOOD/BLACKCURRANT/ CYCLAMEN is a contemporary scent that may appeal to your feminine side. PEPPER/ JASMINE/ GAIAC WOOD/ PASSION FRUIT is an autumn evening in a bottle. But our choice is the SAFFRON/ AMBER/ AGARWOOD/ CARDAMOM. It's heady aroma settles onto the skin, but has a distinct freshness, courtesy of the carnation. Sublime. €46, available at bathandurwind.com